Art Club- meets on Thursdays
Mrs. Willard
willarde@tantasqua.org
Art Club meets weekly for students who would like to pursue special interests in art. Students may come to Art Club to work on in-depth projects or to participate in planned activities. All students are welcome to join Art Club.
The Art Club has sponsored several art contests including two poster contests, a pumpkin painting contest, and a gingerbread house contest. Students in Art Club help with the art planning and decorating of school events.

Chess Club- meets on Wednesdays
Mr. Reynolds
reynoldsj@tantasqua.org
Chess club meets weekly (currently every Wednesday). The club is open to both 7th and 8th graders and boys and girls of all skill levels are welcome. In fact, it is not unusual for a student to show up who has never played chess. Students often play two games each week and may play as many as three games in a session.
When students arrive, they are paired for games according to skill level. As games are completed, those players are paired with someone else for another game. In some cases, I will pair two students for a game and will coach them on different areas of their game as they play (ex., opening, end game, etc.). This helps students know how to respond when they see similar situations in another game.

Common Ground Club- meets on Wednesdays
Mrs. Hamparian, Mrs. Santiago, Mrs. Lowe, Ms. Peterson, Mrs. Currier, Mrs. Ferrante-George, Mrs. Charette
petersonh@tantasqua.org
This group welcomes all students and faculty to promote acceptance and expression. The group works to educate selves and others around acceptance. This club brings together LGBT+ and straight students to support one another, socialize, and build respect for all individuals.

Cooking Club- meets every other Wednesday
Mrs. Canavan
canavane@tantasqua.org
Cooking Club meets every other Wednesday in room B325. All 7th and 8th grade students who are interested in learning to cook are welcome. We will prepare seasonal recipes for each month. Look for a slide on the morning announcements so that you can sign up on Mrs. Canavan’s door if you are interested in the recipe that week. Max: 16 students

Drama Club/ School Play- meets on Thursdays
Mrs. Belisle
belisler@tantasqua.org
Drama Club begins in early September and runs approximately 8 weeks, ending in early/mid-November. During our meetings I use games and group activities to introduce various acting techniques to the students, having them work towards performing monologues, dialogs and small group skits.
Field Hockey Club - meets on Thursdays during the fall
Mrs. Miarecki- miareckib@tantasqua.org
Learn the fundamentals of the sport of field hockey through practice and game play! The club meets on Tuesdays and Thursdays throughout the fall. Anyone is welcome to join the club and no experience is necessary! You will need a field hockey stick, shin guards, mouth guard and goggles in order to play.

Fitness Club - Meets every other Wednesday- NEW
Mrs. Lowe
lowea@tantasqua.org
The Fitness Club will meet every other Wednesday in Room B323 and is open to all 7th and 8th grade students. Activities will include fitness stations, group fitness, and stretching skills. Seasonally, we will look to take a field trip to learn a new skill and gain experience in fitness outside of the school. Please wear your sneakers if you are planning on attending Fitness Club. Sign-ups will be on Mrs. Lowe’s door on the Wednesday’s the club meets. Max: 20 students

French Cooking Club - meets the last Thursday of every month
Mrs. Lusignan
lusigananr@tantasqua.org

Gaming Club - meets on Tuesdays
Mr. Johnston
johnstonj@tantasqua.org
The Gaming Club is just that. If it is a game and age appropriate we will play it. Wii-Mario Cart, Card games- Magic the Gathering etc. Board games –Monopoly and Risk

Intramurals- meets on Tuesday, Wednesday, Thursday
Fall- Mr. Brown- brownr@tantasqua.org
Winter- Mr. Guertin- guertinm@tantasqua.org
     Mr. Cofsky- cofskym@tantasqua.org
Spring- Mr. Guertin- guertinm@tantasqua.org
     Mr. Cofsky- cofskym@tantasqua.org
Intramurals runs 7 weeks every Tues, Weds, and Thurs from 2:00 – 3:15 during each season. Students participate in a wide variety of sports. Participants sign a code of conduct contract basically stating that intramurals is an extension of the classroom and that their participation is predicated upon proper behavior. Anywhere from 15 – 25 students participate on any given day.

Jazz Band- meets on Tuesdays
Mrs. Colwell-Snyder
colwelll@tantasqua.org
Jazz Band is an extracurricular ensemble that meets Thursdays after school from 2:00 - 3:15. It is open to both 7th and 8th grade students. The goal for this ensemble is to learn the basic feel of the blues, swing and jazz music through theory, performance and improvisation. The number and location of performances are based on student interest and dedication.
Junior High Show Choir
Ms. Boyd
boydj@tantasqua.org
The Junior High Show Choir, also known as The Maestros, is a performing choral ensemble that combines musical concepts with the art of movement and dance. Students rehearse once a week as well as one Saturday a month. The Maestros has a long tradition of excellence. They have won every award including Best Choral Sound, Best Choreography, Best Pit Band, as well as Best in Show. They have won many Gold Medal Ratings and compete several times a year.

National Junior Honor Society-
Mr. Lindeborg & Mrs. Malootian
lindeborgj@tantasqua.org
malootianl@tantasqua.org
website: http://www.njhs.rylatechnologies.com/
The National Junior Honor Society is a prestigious and widely respected national organization based on the principles of scholarship, leadership, service, citizenship, and character. The Tantasqua Regional Junior High School chapter of NJHS inducts eighth grade students into the organization each fall. Membership is open to individual students who demonstrate these principles during their seventh grade and eighth grade years. In order to be invited to apply to NJHS, a student must first demonstrate his or her scholastic achievement in seventh grade. The student must earn a cumulative grade point average of an “A” for the year as well as maintain strong academic credentials into eighth grade. Grade eligible students are then encouraged to complete an application to NJHS in the fall of their eighth grade year, highlighting their achievements in leadership, service, citizenship, and character. The applications are submitted to the chapter advisor and then reviewed by a faculty committee. If an applicant is selected for induction, it is expected that he or she will attend the induction ceremony, monthly chapter meetings and service events, and will complete twenty (20) hours of community/school service over the course of the school year. NJHS is the junior high school branch of the National Honor Society. Students who are inducted into NJHS are frequently among those who are later invited to apply to the NHS at the high school.
All seventh grade students are encouraged to solidify their academics so that membership into the NJHS will be a possibility for them as eighth graders. They should also become involved within their school and in the local community, demonstrating the important principles of the NJHS.

Newspaper Club- meets on Wednesdays
Mr. Lindeborg- lindeborgj@tantasqua.org
Newspaper club allows students to take ownership of the knowledge in their own school and community. Students take both writing assignments from club advisors as well as creating their own assignments based on their own interests in our school, community, and world!

Outing Club- varies based on planned activities
Ms. Amadio & Ms. Nichols
amadioc@tantasqua.org
nicholss@tantasqua.org
The Outing Club is dedicated to increasing the opportunities for Tantasqua Junior High students to experience the natural world. The mission of this club is to engage students in healthy outdoor activities while promoting environmental stewardship. The student and faculty leaders envision two fall and two spring activities that may involve hiking, kayak/canoeing, snow-shoeing, and skating.
Photography Club -meets on Tuesdays
Mr. Schur
schurb@tantasqua.org
This club is for students interested in photography or videography. If you enjoy taking photos or shooting video, please join us!

S.A.G.E. Recycling Club- meets every other Thursday
Mr. Reynolds
reynoldsj@tantasqua.org
S.A.G.E (students, actively, greening, earth) is a group of students who work together every other week to actively perform school wide recycling duties. It is the responsibility of group members to work together to collect materials and supply teachers with recycling bins in their classrooms. In addition to these important tasks, the students learn valuable work and communication skills.

Science Club- meets on Wednesdays
Mr. Lavin
lavind@tantasqua.org
Science Club meets weekly for students with an appetite for science and engineering. Projects often continue over several weeks each. Areas of interest include principles of flight (boomerangs), electronics (assembling circuit boards), alternative energy (solar cookers) and more.

Tantascapella-meets on Wednesdays
Mr. von Bleicken
vonbleickene@tantasqua.org
Select Chorus is designed for students who want to spread their vocal wings a little further. We perform all styles of choral music including jazz, pop and classical. There are numerous opportunities to solo and we are still welcoming new members. If you are interested you may see Mr. von Bleicken for a short audition.

Sewing Club- meets every other Wednesday
Mrs. Canavan
canavane@tantasqua.org
The Sewing Club meets every Wednesday after school until 3:15 in Room B-325. Any 7th or 8th grader interested in learning how to sew is invited. Max: 16 students

Ski Club
Mr. Peloquin
SkiClubTRJHS@tantasqua.org
The club’s primary purpose is to teach students to ski at an affordable price, which results in a safe, life-long sport. Every student has room to improve and lessons are strongly recommended. Lessons allow all levels of skiers to raise their awareness of terrain, physical and mental abilities, hazard recognition, and overall safety. Registration for the Jr. High Ski Club will be during the month of October, interested students need to listen to school announcements for more information.

Student Council- meets twice a month- varies based on activities
Mrs. Stalker- stalkerj@tantasqua.org
Mrs. Valcourt- valcourtj@tantasqua.org
Student Council members plan and execute various events and activities such as school dances, student fund raisers, and Tantasqua spirit rallies. Through Student Council, students will develop confidence in their leadership skills, and understand the responsibility that comes with serving in an elected position. Students are elected annually to serve a one year position on the council. The Student Council’s mission is: Student council members will lead by example. We will be respectful, helpful and welcome all with kindness and acceptance. We will represent the student body and support our school and community. We will create a fun atmosphere full of school spirit and make TRJHS the best it can be.

**Tennis Club** - meets on Wednesdays
Mrs. Willard
willardc@tantasqua.org
Tennis Club is open to all students at all levels of tennis experience - beginner to advanced. This club meets weekly in the fall and in the spring. Tennis racquets and balls are provided. Please wear your sneakers if you are planning to attend Tennis Club.

**Yearbook Club** – meetings vary based on activities
Mrs. Santos - santosj@tantasqua.org
Mrs. Plants- Prouty- plants-proutyr@tantasqua.org
Yearbook: Students contribute to the school yearbook by taking photographs for special events and during the school day as needed. They also help with the editing of pages and contribute by conducting surveys and collecting student input. In addition, they are engaged with promoting yearbook sales and the distribution of the book in the spring.