

# TANTASQUA REGIONAL SCHOOLS

# February 2012

Monday

Tuesday

Wednesday

Thursday

Friday



|  |   |  |  |  |   |
|--|---|--|--|--|---|
|  |   | <p>1 Macaroni &amp; Cheese<br/>Dinner Roll<br/>Lemon Zest Broccoli<br/>Waldorf Fruit Salad<br/>Soup Du Jour<br/>Applesauce<br/>Variety Milk</p>                    | <p>2 Popcorn Chicken<br/>Bowl w/ Mashed<br/>Potato, Corn, &amp; Gravy<br/>Soup Du Jour<br/>Strawberry Cup<br/>Variety Milk</p>   | <p>3 Meatball Sub<br/>Quick Baked Potato<br/>Mandarin Orange<br/>Salad<br/>Soup Du Jour<br/>Cornmeal Cookie<br/>Variety Milk</p>   | <p><b>A La Carte</b></p> <p><b>Alternate Meals</b></p> <p><b>Monday: Grilled<br/>Chicken Sandwich</b></p> <p><b>Tuesday: Variety Pizza</b></p> <p><b>Wednesday: Chicken<br/>Patty Sandwich</b></p> <p><b>Thursday: Hamburger<br/>or Cheeseburger</b></p> <p><b>Friday: Chicken Nuggets</b></p> <p><b>Watch for Our Daily<br/>Salad Meals</b></p> <p><b>Lunch Menu is Subject<br/>to Change</b></p> <p><b>School News</b></p> <p><b>The Food Service<br/>Department is<br/>"BUYING LOCAL"</b></p> <p><b>We are participating in the<br/>"Farm to School" program.</b></p> <p><b>Czajkowski Farm of<br/>Hadley is supplying our<br/>fresh produce.</b></p> <p><b>Breezeland Orchard<br/>supplies our fresh fruit.</b></p> |
| <p>6 Sloppy Joe Sandwich<br/>Potato Puffs<br/>Cucumber Salad<br/>Soup Du Jour<br/>Chilled Peaches<br/>Variety Milk</p>                         | <p>7 Chicken Quesadilla<br/>Spanish Rice<br/>Mexican Corn<br/>Soup Du Jour<br/>Chilled Pears<br/>Variety Milk</p>                                     | <p>8 Pasta w/ Choice of<br/>Sauce<br/>Garlic Bread<br/>Caesar Salad<br/>Italian Green Beans<br/>Soup Du Jour<br/>Fresh Fruit<br/>Variety Milk</p>                  | <p>9 Chicken Pot Pie w/<br/>Biscuit Topping<br/>Mashed Sweet Potatoes<br/>Broccoli Salad<br/>Soup Du Jour<br/>Chilled Mixed Fruit<br/>Variety Milk</p>                 | <p>10 Hot Ham &amp; Cheese<br/>Sandwich<br/>Pasta Salad<br/>Three Bean Salad<br/>Soup Du Jour<br/>Brownies<br/>Variety Milk</p>  |   |
| <p>13 Hot Italian Sub<br/>Roasted Red Bliss<br/>Potatoes<br/>Veggie Sticks w/ Dip<br/>Soup Du Jour<br/>Chilled Applesauce<br/>Variety Milk</p> | <p>14 Cheese Lasagna<br/>Garlic Bread<br/>Caesar Salad<br/>Green Beans<br/>Soup Du Jour<br/>Valentine Treat<br/>Variety Milk</p>                      | <p>15 <u>Brunch for Lunch</u><br/>Warrior McMuffin<br/>Hash Browns<br/>Fruit Muffin Square<br/>Variety Juice<br/>Soup Du Jour<br/>Fresh Fruit<br/>Variety Milk</p> | <p>16 Chicken Parmesan<br/>Sandwich<br/>Italian Pasta Salad<br/>Hummus w/ Veggies<br/>Soup Du Jour<br/>Chilled Pears<br/>Variety Milk</p>                              | <p>17 Chefs Choices<br/>Soup Du Jour<br/>Bakers Choice<br/>Variety Milk</p>  |   |
| <p>20</p>  | <p>21</p>   | <p>22</p>  | <p>23</p>  | <p>24</p>  |   |
| <p><b>Enjoy Your Winter Break</b></p>  |   |  |  |  |   |
| <p>27 Toasted Cheese<br/>Sandwich<br/>Pasta Salad<br/>Veggie Sticks w/ Dip<br/>Tomato Soup<br/>Chilled Pears<br/>Variety Milk</p>              | <p>28 Oven Fried Chicken<br/>Steamed Brown Rice<br/>Corn on the Cob<br/>Cranberry Sauce<br/>Soup Du Jour<br/>Chilled Mixed Fruit<br/>Variety Milk</p> | <p>29 Beef Taco Boat<br/>Salsa, Lettuce,<br/>Tomato, Cheese Cup<br/>Spanish Rice<br/>Mexican Corn<br/>Soup Du Jour<br/>Fresh Fruit<br/>Variety Milk</p>            | <p></p> <p><b>Breakfast:</b> Free<br/>Reduced .30<br/>Pay 1.00<br/>Adult 1.75</p> | <p></p> <p><u>Meal Prices</u></p> <p><b>Lunch:</b> Free<br/>Reduced .40<br/>Pay 2.50<br/>Adult 3.00</p> |   |