

2010 Camp Calendar

“ALL-SPORTS” CAMP

Camp Goal: The Tantasqua Sports Camp’s #1 goal is to make this camp a positive athletic experience of learning and fun for your child! A great opportunity for kids entering grades 2-6 to experience 4 different sports per day. All campers have a daily 1 hour swim in the new pool as a part of this camp. This camp is staffed by Phys-ed teachers and coaches and is being offered all 8 weeks this summer. **Cost: \$99/week/camper.**



“Sport Specific” Camps:

Camp Goal: These camps offer athletes entering grades 5-12 the opportunity to improve in their specific sport for 4 days by working with Varsity coaches on the fundamentals and strategies of the sport. Cost for most of these camps is \$99/week/camper unless otherwise noted.

Back by Popular Demand

Camps for kids entering grades 1-4

In addition to our All-Sports Camps, an opportunity for younger children to grow in the activity they love for 4 days and learn the fundamentals with the emphasis placed on “fun”!! These “basics” camps will be run as part of the regular camps but have additional staff just for their age group. All campers have a daily 1 hour swim in the pool as a part of this camp.

Week:1 Girls Basketball Camp

Week 2: Boys basketball,

Week 3. Soccer Camp I , Arts & Crafts, Golf Camp I

Week 4: Arts & Crafts

Week 5: Arts & Crafts, Cheer Camp

Week 6: Arts & Crafts, Dance Camp

Arts & Crafts Camps: Weeks 3, 4, 5 & 6

These camps offer children a more traditional camp day which includes a swim lesson, arts and crafts time, nature hikes, fun games and gym time. This camp will be run by elementary school teachers and coaches. Cost: \$99/week/camper.

(This camp complies with code 105 CMR 430.000 for the state of Massachusetts.)

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8
June 28 July 1	July 5-8	July 12-15	July 19-22	July 26-29	August 2-5	August 9-12	August 16-19
All Sports	All Sports	All Sports	All Sports	All Sports	All Sports	All Sports	All Sports
Girl’s Basketball	Boy’s Basket- ball	Soccer Camp 1	Softball Camp	Football Level 1	Field Hockey	Swim Camp	Soccer II
Mt. Bike Camp 1	Mt. Bike Camp 2	Golf Camp 1	Baseball Camp	Tennis Camp	Dance Camp	Volley- ball Camp	Golf Camp 3
Boy’s La- crosse	Track Camp	Arts & Crafts	Arts & Crafts	Arts & Crafts	Arts & Crafts	Warrior Fitness	
	Girl’s Lacrosse	Football Level II NIGHT		Cheer Camp	Golf Camp 2		

“Sport Specific” Camps: Coaches & Info

Baseball Camp

Director: Mark Muska, JV Baseball Coach

Basketball Camp-- Boys

Director: Jeff Childs, Boys Varsity Basketball Coach

Basketball Camp-- Girls

Director: Tom Goyette, Girls Varsity Basketball Coach.

Cheerleading Camp

Director: TBA

Dance Camp:

Director: Sarah Bousquet, Prof. Instructor (\$125)

Dancers will practice many styles and perform a show.

Field Hockey Camp

Director: Jean Glennon, Varsity Field Hockey Coach

Football Camp: Levels I & II

Director: Aaron Powell, Varsity Football Coach

I: For players who have some Pop Warner/Flag football experience & beginners too- entering grades 3-8. (\$99)

II : For players entering grades 7-12 who are interested in improving their football skills for the high school level, daily from 5-7 p.m. (\$75)

Golf Camp

Director: Aaron Berthiaume, Varsity Golf Coach

I. Instructional camp for beginners (Grades 1-5 \$125)

II. Instructional camp for beginners or players with some experience. Campers will be bussed each morning to Scottish Meadows Golf course to practice. (Grades 6-10 \$125)

III. For golfers who can already play but want some solid match play coaching. Campers will be bussed daily to a course. (Grades 6 and up \$150)

Lacrosse Camp- Boys

Director: Matt Peloquin, Varsity Lacrosse Coach

Lacrosse Camp- Girls

Director: Patti Bamberger, Lacrosse Coach & TRY Lax director.

Mountain Biking Camp

Directors: Dale Ploski /Mike Farrell, Teachers

I For beginners & riders entering Grades 5-8 (\$99)

II For advanced bikers entering grades 7-12: includes a biking trip to Mt. Snow! (\$125)

Swimming Camp

Director: Molly McGuire, Varsity Swim Coach

Soccer Camp

Director: Matt Guertin, Varsity Soccer Coach

I: For soccer players entering grades 1-6, will focus on the fundamental skills and play.

II: For players entering grades 7-12, includes more intensive training, for competitive soccer.

Softball Camp

Director: Pete Casine, varsity Softball Coach

Tennis Camp

Director: Mike Lucas, Professional Tennis Coach

Volleyball Camp:

Director: Stephanie Rousseau, Varsity Coach
Instructional camp for players who want to learn to play competitive volleyball.

Track Camp: Rick Phillips Varsity Track Coach

Warrior Fitness: Learn how to train, 8:30-11:30 am (\$50)

IMPORTANT CAMP INFO:

- 1) Please fill out the application and mail it in with a check payable to "Tantasqua Sports Camps". All camps are **\$99/ week/camper unless otherwise noted.**
- 2) All Applications received by the Friday before the 1st day of that specific camp week will be accepted.
- 3) Additional sign-ups will be accepted on the morning of the 1st day of camp that week. ****There is a fee of \$10 per camper for anyone signing up on the 1st day.**
- 5) Please mail in applications ASAP so that we may properly staff our camps.
- 6) Drinks and snacks can be purchased daily. All campers should bring their own lunch.
- 7) Balls and equipment for all camps will be provided. However, if possible, campers should bring their own sport specific equipment (Ex: gloves, racquets, etc.). Football campers do not need helmets and/or pads.
- 8) Camp will operate rain or shine. Campers should be dropped off after 8:15 a.m. and picked up by 3:00 p.m.
- 9) Campers should pack daily: sunscreen, hat, water bottle, lunch, a towel, and a bathing suit
- 10) If the last day of school in this district is later than June 28th (due to snow cancellations, etc.), then the camp schedules will be adjusted appropriately.
- 11) To provide proper commitment to staffing, there are no refunds once the Summer Sports Camps begin.



4 Day Camp week:

For several reasons, including energy conservation, our camps will run for 4 days a week this summer. But each camp day is longer and campers will actually receive one additional hour of camp per week compared to the old 5 day schedule. Camp days will run from 8:30 a.m.- 3:00 p.m. this summer.

"Extended Camp Day"

For the 4th time we are offering an "Extended Camp Day" for those campers who need additional hours of camp. This is available for all of the 8 weeks this summer. For a weekly fee of **\$48**, we will offer modified camp activities in the afternoon from **3-5:00 p.m.** so that parents can pick up their children at a later time. Children enrolled in this program can also be dropped off anytime after 7:30 a.m. instead of 8:30 a.m. daily in the auditorium.



Guidelines & FAQ's:

- Morning & Afternoon activities will differ daily and will not necessarily coincide with the same Sports Specific Camps that campers are attending.
- Parents are welcome to pick up their children at anytime during the afternoon, as long as that is communicated to the Staff.
- Extended Day Campers should pack a snack/drink for their afternoon break, an extra towel & a bathing suit.
- You must pay & sign up for the "Extended Day Camp" for the entire week ahead of time, so that we may provide proper staffing. As long as there is still room in it, you may sign up the first day of that week.
- The fee amount can simply be added to the regular camp check that you are paying with.
- If you don't hear from us, you can assume that your child is in fact enrolled in the "Extended Camp Day".

TANTASQUA SPORTS CAMPS 2010

June 28 - August 19

*4 Days per Week
8:30 a.m. – 3:00 p.m.*

*@ Tantasqua
Regional
High School*

Mail Application Insert and Check to:

Tantasqua Regional High School
c/o Camp Director
319 Brookfield Road
Fiskdale, Ma 01518

QUESTIONS?

Please e-mail: camps@tantasqua.org

