

## WELCOME BACK TO SCHOOL

For families new to the cafeteria this year, and as a reminder for those returning, here are a few guidelines on how the cafeteria operates.

### #1 – Lunch Cost

**\$0.00** – Lunch will be **free to all students this school year**. If a child would like to have a second meal, the cost will be **\$3.00**.

**\$0.60** – Assorted milk is available without a lunch as ala cart item **Note:** Lactaid milk is available for students with lactose intolerance.

**\$3.25** - The “meal” price includes the main entree, **one** 8-oz. milk, and a daily fruit and vegetable selection. The USDA regulations mandated that a “meal” include a **fruit and vegetable**. If your child chooses **not** to take one of these options, we must charge the a la carte price of \$3.00 for the entrée plus \$0.60 for their milk. *Please encourage your children to take a fruit or vegetable with their meal.*

Each day a snack is offered at an additional cost. See List below: All snack is on the approved Massachusetts snack list.



- |                                       |                      |
|---------------------------------------|----------------------|
| Assorted Baked Chips                  | Grandma Cookies      |
| Fresh Baked Cookies                   | Fresh Baked Brownies |
| Rice Krispies Treats                  |                      |
| Ice Cream                             |                      |
| Bottled Water                         |                      |
| Switch Sparkling Juice (8 oz)         |                      |
| Fresh Fruit/Vegetable Cup/Whole Fruit |                      |
| Baked Fries                           |                      |

You if don't want your child buying an a la carte snack items, please call Missy Leveille, Director of Dining Services at 777-241-0753 or email [Leveillem@tantasqua.org](mailto:Leveillem@tantasqua.org) to have a notation placed on your child's account.

### #2 - Placing Money on Your Child's School Lunch Account

There are two ways:

Go to <https://www.myschoolbucks.com> or the Tantasqua Regional School District website [www.tantasqua.org](http://www.tantasqua.org) and register a free account. Choose a school that student goes to, Cafeteria Menu tab on the left of screen, then click on the link for my school bucks. If your child went to another school district or coming from the elementary schools. (Brimfield, Brookfield, Holland, Burgess and Wales) You will need to create another account. You will need to see the school's name.

1. A confirmation email will be sent to the email address you provide; click on the link included in the email message to activate your account.
2. Activate your account and begin adding your students. You will need the school's name and your student's ID#. School provided each student with this student ID#. You can contact Missy at [Leveillem@tantasqua.org](mailto:Leveillem@tantasqua.org) to request students ID#. You can also track your child's purchases and manage his/her balance through their account.
3. Add funds to your student's account with your Visa, MasterCard, Discover Card, debit card, or electronic check. Please note there is a \$2.75 flat transaction fee per transaction. Money deposited into lunch accounts can take up to 24 hours to post.

### Or

Your child can bring cash or check to the cafeteria. These funds will be applied to his/her account. Notes will be sent home when your child is close to or has run out of money. Your child will be allowed to charge a total of **\$15.00 for student with paid lunch status**, for a student with reduced price lunch status will be allowed to charge a total of **\$2.00**. **All students are not allowed to charge and A la carte items**. If/when the limit is met, the Café will begin serving the student only an alternate meal, meeting required nutritional standards, until the account is brought back into good standing. (An example of an appropriate alternative meal would be a cheese sandwich, fruit, vegetable, and milk choice. Unless student has allergies, then the choice will be Sun Butter and Jelly sandwich.

Please do not allow your child's account to reach this stage. We've had many unhappy students when their choices are taken away. We want their experiences in the cafeteria to be happy ones!

These steps are imperative to ensure money does not get lost.

- a. **CHECK OR CASH MUST BE BROUGHT TO THE CAFETERIA.**
- b. **MONEY MUST BE PUT INTO AN ENVELOPE OR ZIP LOCK BAG AND MUST BE CLEARLY LABELED WITH THE FOLLOWING INFORMATION:**
  - o **CHILD'S FIRST AND LAST NAME (as registered with the school)**
  - o **DOLLAR AMOUNT ENCLOSED (if cash)**

### #3 - General Information

For all information concerning Chartwells please review the Chartwells section of the Tantasqua Regional School District website. Choose your students school, go to the cafeteria menu, then click the link below to view Breakfast and Lunch Menu.

### #4 – Breakfast Cost

Student breakfast price: **\$0.00** – **Breakfast will be free to all students this school year.** Includes the main entrée, one 8 oz. milk and daily fruit and vegetable selection. The new USDA regulations mandated that a “meal” include a **fruit or a vegetable.** If your child chooses not to take one of these options, we must charge the a la carte price of \$1.50 for the entrée plus \$0.60 for their milk. *Please encourage your children to take a fruit or vegetable with their meal.*

If you have any specific concerns, such as food allergies, please contact Missy Leveille, Director of Dining Services at 774-241-0753

Free & Reduced meal applications may be submitted at any time during the school year. The Federal Free & Reduce meal program runs annually from October 1st to September 30<sup>th</sup>. If your child was approved for free or reduced meals last school year and you need assistance again this year, please complete a new application (in full) and submit it to your child's school by **10/08/21. Please still complete, even though meals are free for the SY 2021 June 2022.**

If you have received a letter from the State of Massachusetts indicating that your child is entitled to receive free or reduce meals, please forward a copy of this letter to your school at the address below and please put attention Missy Leveille.

**Tantasqua Jr. High School**  
320 B. Brookfield Road  
Fiskdale, MA 01518

**Tantasqua Sr. High School**  
319 Brookfield Road  
Fiskdale, MA 01518

Interactive Menu Access and Much More! 



You may download a free smartphone app , or use this link: <http://Tantasqua.nutrislice.com/>) to review menus as well as nutritional and food allergen information.

If you have questions regarding this program, please do not hesitate to call Missy Leveille at 774-241-0753

Thank you and we look forward to serving you!

*Missy Leveille*  
Director of Dining Services & Cafeteria Staff